



## Ecosystem Services Of Traditional Large Cardamom Based Agroforestry Systems Of Darjeeling and Sikkim Himalayas

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### ABSTRACT

#### Key Words:

Agroforestry system, climate change, cultural services, provisional services, traditional

Indigenous large cardamom (*Amomum subulatum* Roxb.) based agroforestry systems are prevalent in the Darjeeling and Sikkim Himalayas and are life line for people of these mountainous regions. The paper reviews the earlier studies on large cardamom based traditional agroforestry system from Sikkim and Darjeeling Himalayas and outlined the ecosystem services provided by the systems along with the major problems of this system identified by the earlier studies. The system provides numerous ecosystem services from provisional to cultural with potential role in increasing carbon sink, avoiding deforestation and conserving natural resources thereby providing multiple goods and services including productivity, nutrient cycling, nitrogen fixation, energy fixation and nutrient use efficiency. However, in the past few decades, productivity of this farming system has declined significantly which has been attributed to climate change, increased incidences of insect pest and diseases along with anthropogenic pressure. Creating alternate opportunities for livelihood diversity and security are also suggested in the studies.

#### INTRODUCTION

The global issue of climate change is one of the major concerns for sustaining present and future generation (Rijal 2019). Climate change is itself a natural process but in the last few decades, it has lead to

major changes in human life-supporting climatic patterns. To muddle up through various intense conditions, we require the practice or technology that can develop coping capacity. Agroforestry practices are one of the emerging strategies which have the potential to reduce the vulnerability of

climate change. Agroforestry, sustainability-enhancing practice that combines the best attributes of forestry and agriculture, has been recognized by the Intergovernmental Panel on Climate Change (IPCC) as a viable climate change mitigation strategy involving small landholder producers (Watson et al. 2000). Thus, agroforestry practices are now recognized for its potential in assuring food security, reducing poverty and enhancing ecosystem resilience at micro-landscape level (Gari 2001).

The concept of modern agroforestry comes from the traditional agroforestry system which is still practised globally by indigenous people. India the country of diversified cultures supports numerous traditional farming practices including agroforestry. These indigenous agroforestry systems support livelihood ensuring production of food, fodder and fuelwood while, mitigating the impacts of climate change through carbon sequestration (Singh et al. 2008; Bargali et al. 2009). Productivity and sustainability are mutually

exclusive properties of these agroecosystems (Altieri 2009). One of the greatest challenges today is therefore to achieve optimum productivity from the agroecosystems without losing its diversity of components and functions. The Darjeeling and Sikkim Himalayan region included in the Indo Malayan Biodiversity Hotspot is one of the biodiversity-rich regions of India (Myers et al. 2000) with numerous farm- and forest-based traditional agroforestry systems of varying composition and structures along the altitudinal gradient (Sharma et al. 2016<sub>a, b</sub>); prominent of which is *Alnus nepalensis*-large cardamom agroforestry system (Sharma et al. 2008).

### **TRADITIONAL LARGE CARDAMOM BASED AGROFORESTRY SYSTEM**

Large Cardamom (*Amomum subulatum* Roxb.; Photo1 and 2) is one of the oldest traditionally used spices by mankind belonging to the family Zingiberaceae.



**Photo 1.** Large cardamom plantation



**Photo 2.** Mature large cardamom-*Alnus* plantation

It is commonly known as *Alaichi* in Nepali and *Badi Alaichi* in Hindi and popular as black cardamom, black gold and queen of spices. It is a shade loving and evergreen perennial herbaceous plant grown on the north-facing slopes of the hill (Shreshtha et al. 2018) and native to Sikkim, India. Numbers of wild relatives (Table 1) are easily found in the forest areas, among them, *A. subulatum* is only cultivated. There are reported 12 local varieties and seven wild varieties of cardamom crop readapted to different agro-climatic conditions of the eastern Himalayan region (Sharma et al. 2007).

It is believed that the Large Cardamom crop was naturally grown in the forest of eastern Himalayan region of Darjeeling, Sikkim, north-eastern states of India, Nepal and Bhutan. It is a perennial cash crop of the region grown beneath tree cover on marginal lands between altitudes of between 600 m and 2000 m (Table 1) *i.e.*

from subtropical to cool temperate zones. The crop requires high moisture and it grows suitably in a region of annual mean rainfall of 1500-3500 mm with soil pH of 4.5-7.0. The commercial part of the crop is the greyish brown to dark red-brown dried capsule enclosing 40-50 small seeds in it. The 20-25 mm long oval to globule shaped capsules is held together inside the spike with viscous sugary pulp (Thomas et al. 2009). It is harvested before it ripens to avoid the capsules from splitting during the drying process. The capsules used as a spice or condiment contain about three per cent essential oils and are rich in cineole (Gupta et al. 1984).

Large cardamom plantation is associated with many important trees due to its sciophytic nature but the altitudinal range of *Alnus nepalensis* is sympatric with the agro-climatic range of large cardamom and has proved to be ecologically and economically viable.

**Table 1.** Important cultivars of large cardamom

Cultivar	Altitudes	Description	Susceptible to
Varlangey	above 1200 m	Plant is robust with height of 1.5-2.5 m. Bold capsule with 50-70 seeds. Flowering starts during June-July with harvesting in end of November.	-
Sawney	above 1350 m	It is a widely adaptable robust cultivar of 1.5-2.0 height. Leaves are ovate and broad with maroon tillers. Bold capsules with 35-50 seeds. Flowering time is March-May with harvesting time of September-November.	Chirke and Foorkey diseases
Dzongu Golsey	below 1500 m	Plant height is 1.0-1.5 m with green tillers and leaves are narrow and erect. Capsules are big and bold with 50-70 seeds. Flowering starts in March with harvesting in September-October.	Foorkey and leaf streak diseases
Ramsey	above 1200 m	Plants are 1.5-2.0 m tall and robust with maroon tillers. Flowering starts in May and harvested during October-November. Capsules are small with 25-40 seeds	Chirkey and Foorkey

**Source:** Bhutia et al. 2018

The trees associated in particular to this system are *Alnus nepalensis*, *Albizia species*, *Scima wallichii*, *Maesa chassis*, *Ficus nemoralis*, *Ficus hookeri*, *Nyssa sessiliflora*, *Osbeckia paniculata*, *Viburnum cordifolium*, *Litsaea polyantha*, *Macaranga pustulata*, *Saurauvia nepalensis*, *Machilus edulis*, *Melia composite*, *Engelhardtia acerifolia*, *Eurya acuminata*, *Leucosceptrum canum*, *Maesa chisia* and *Symplocos theifolia* (Sharma et al. 2007; Anitha and Hore 2018). *Alnus* is by nature an actinorhizal (nitrogen fixer) tree and easily grows naturally on landslide affected areas (Sharma and Ambasht 1986). Farmers used to grow the crop on steeper marginal and fragile land to minimize soil erosion and landslides (Sharma and Sharma 1997). The practice of growing nitrogen-fixing *Alnus* as

shade trees have been adopted by the indigenous communities to maintain soil fertility and increasing productivity (Sharma et al. 1994). Its cultivation is an example of how a local mountain niche can be exploited in a sustainable way (Sharma 2013). This system shows how an ecological and economic traditional farming practice has evolved indigenously as the main agroforestry practice in the region (Singh et al. 1989).

#### **Area and Status of Large Cardamom based Agroforestry system**

The cultivation of large cardamom has spread over other Indian North-Eastern regions of Nagaland (550 ha), Mizoram (35 ha), Meghalaya (35 ha), Manipur (10 ha) and the central Indian Himalayan state of

Uttarakhand (41 ha) in the past two decades covering a total of 34,252 ha (Srinivasa 2006). Sikkim was the leading producer globally but currently is second-largest after Nepal. Total Indian production during 2018 was about 16,860.20 metric tons. Nepal leads with 52 % of the total global production followed by India with 37 % and least by Bhutan with 11 % (Metha et al. 2015; Bhutia et al. 2018). Areas of large cardamom continued to increase in Sikkim

(Table 2) which was due to ease of cultivation and high cash income including other ecological benefits realised from the system like erosion control and soil fertility improvement (Sharma et al. 2000, 2007). The area of cultivation in Sikkim and Darjeeling Himalayas in 2011-12 was 23154 ha 3305 ha, respectively with production of 3237 tonnes and 626 tonnes, respectively (Gudade et al. 2013).

**Table 2.** Decadal change in large cardamom based agroforestry cultivation in Sikkim

Indicators	1975	1985	1995	2005
Area ( in thousand hectare)	10.00	20.90	23.50	27.59
Proportion of total cropped area (in %)	15	17	17	22
Annual cash income (in million US \$)	1.90	5.70	6.40	13.75

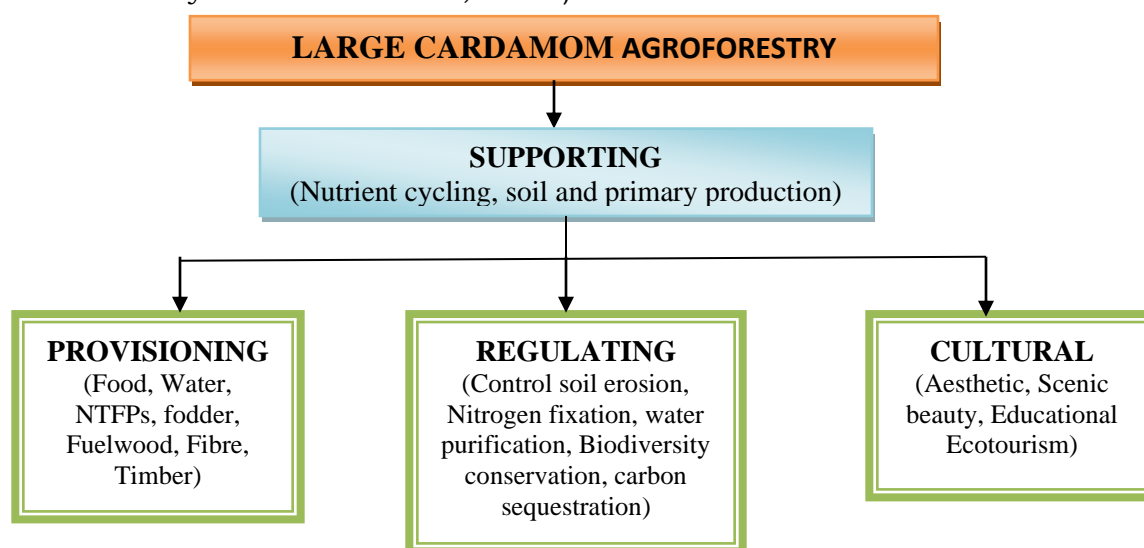
Source: Sharma et al. 2007

In Darjeeling Himalayas during 2015-16 area of cultivation, production and productivity of large cardamom was 2829 ha, 848.84 tonnes and 300.5 kg ha<sup>-1</sup>; of which cultivation is prominently done the district of Kalimpong (80 % of the total cardamom area) and less in Darjeeling (Tarafer et al. 2018).

### ECOSYSTEM SERVICES

Large Cardamom based agroforestry is an age-old traditional agroforestry practice of Darjeeling and Sikkim Himalayas offering many ecosystem services from provisional to cultural (Fig. 1; Millennium Ecosystem Assessment, 2005)

with positive impact on productivity, nutrient cycling, nitrogen fixation, energy fixation and nutrient use efficiency (Sharma et al. 2000, 2007). The system also provides firewood, fodder and other products. It also contributes to soil and water conservation, soil fertility, carbon storage and flaws and a favourable microclimate. The people living in the hills and mountains of Sikkim later observed the utility and market value of the crop and showed more interest in its production. This traditional agroforestry system further enhances the ecological benefits by enhancing forest cover with intact tree biodiversity in the existing farming system.



**Fig 1.** Ecosystem services of large cardamom based agroforestry system

### **Provisioning services**

The large-cardamom based traditional agroforestry systems provide sustainable economic benefits to the farmer community in the sub-Himalayan region mainly as capsule, fuelwood and fodder. The essential oil-rich seeds of large cardamom have a pleasant aromatic odour and can flavour vegetables and many food preparations (Bhutia et al. 2017). Value-added products of large cardamoms, such as essential oil and oleoresin, have high market values and export potentials. After removing the oleoresin from the dry cardamom spices, the residues also have good marketing scope as an ingredient of animal feed. The essential oil of large cardamom is reported to have antimicrobial properties also (Agnihotri and Wakode 2010). Large cardamom based traditional agroforestry system harbour rich diversity of Himalayan flora which were reported to provide numerous provisioning services of food, fodder, timber, fuel wood, medicine, and for earning cash income (Sharma and Ambasht 1991; Sharma and Sharma 1997; Sharma et al. 2000; Avasthe et al. 2007, 2011; Sharma 2013; Gudade et al. 2013; Partap et al. 2014; Singh et al. 2018; Tarafder et al. 2018)

### **Supporting and regulating services**

Large cardamom-based agroforestry system is capable of maintaining the ecological balance of the hilly region (Sharma et al. 1994, 1997, 2000, 2007, 2008, 2009<sub>a, b</sub>, 2016<sub>a, b</sub>; Avasthe *et al.*, 2007, 2011; Sharma and Rai 2012; Singh et al. 2018). The crop is associated with many multipurpose trees that can maintain soil fertility, improve water table, control soil erosion and reduce the chances of landslides in the sloppy area. Soil loss was less in the *Alnus*-cardamom system in comparison to other systems and also the water availability in this system was found to be 81 % higher than rainfed agriculture system (Sharma et al. 2007). The shade trees were reported to ameliorate the microclimate of the area while, agroforestry patches along the mountain slopes regulate it at a landscape level. This system helps in

the maintenance of biological diversity by reducing deforestation and pressure on woodlands by providing fuelwood and also helps in climate regulation by sequestering carbon dioxide. So, the overall productivity of the crop is increased without doing much effort.

The multistrata structure of large cardamom based agroforestry systems regulate climate by permanently sequestering atmospheric carbon because the associated tree species of the system will never ever be completely removed like other traditional agroforestry systems (Kumar et al. 1994; Kumar 2006; Henry et al. 2009; Nair et al. 2010; Saha et al. 2009, 2010; Chakravarty et al. 2017<sub>a, b</sub>; Coelho, 2017; Shukla et al. 2017; Subba et al. 2017, 2018; Kumar et al. 2018; Dar et al. 2019; Das et al. 2019; Mengistu and Asfaw 2019; Pala et al. 2020). Consequent of permanency in heterogeneous vegetation and undisturbed litter layer along with continuous canopy and dense rhizosphere of large cardamom based agroforestry systems, the soils in the sloping landscape withstand erosive impacts of raindrops and restrict run off while, improving the soil fertility through nitrogen fixation and litter decomposition (Wagachchii and Wiersum, 1997; Gajaseni and Gajaseni, 1999; Sharma et al. 2007, 2008, 2016<sub>a, b</sub>; Pushpakumara et al. 2010). The system has higher litter production due to its vegetative heterogeneity and thus has higher organic matter. The decomposing litter and the organic matter regulates the nutrient cycling thus sustaining soil fertility, organic matter, carbon content and soil structure of the system (Gajaseni and Gajaseni 1999; Dawson and Smith 2007; Poeplau et al. 2011; Uthappa et al. 2015; Chauhan et al., 2019 and Chauhan et al. 2016; Pal and Panwar 2013).

The net primary productivity, mobilization of the stored organic and inorganic soil reserves, quality and quantity of nutrient uptake and return, solubilisation of phosphorus and fixation of nitrogen are high in the alder-cardamom system compared to the forest-cardamom

systems (Table 3). Alder influenced the system by its fast growth which contributes to higher total biomass and also by enhancing cardamom performance as

illustrated by greater tiller number, basal area and biomass (Sharma et al. 1994).

**Table 3.** Comparative productivity, yield and nutrient dynamics of large cardamom agroforestry under alder and mixed tree species

Parameters	Alder-cardamom	Forest cardamom
Biomass (kg ha <sup>-1</sup> )	28,422	22,237
Net Primary Production (kg ha <sup>-1</sup> yr <sup>-1</sup> )	10,843	7,501
Agronomic yield (kg ha <sup>-1</sup> yr <sup>-1</sup> )	454	205
<b>Nitrogen</b>		
Standing state in biomass (kg ha <sup>-1</sup> )	395.15	205.26
N <sub>2</sub> - fixation (kg ha <sup>-1</sup> yr <sup>-1</sup> )	65.34	-
Uptake from soil (kg ha <sup>-1</sup> yr <sup>-1</sup> )	78.49	80.56
Retention (kg ha <sup>-1</sup> yr <sup>-1</sup> )	56.12	49.55
Return to soil (kg ha <sup>-1</sup> yr <sup>-1</sup> )	83.67	29.23
Exit through agronomic yield (kg ha <sup>-1</sup> yr <sup>-1</sup> )	4.04	1.78
Use efficiency	73.0	93.0
Back-translocation from senescent tree leaf (%)	3.85	17.49
<b>Phosphorus</b>		
Standing state in biomass (kg ha <sup>-1</sup> yr <sup>-1</sup> )	32.357	17.900
Uptake from soil (kg ha <sup>-1</sup> yr <sup>-1</sup> )	13.178	6.517
Retention (kg ha <sup>-1</sup> yr <sup>-1</sup> )	6.328	3.840
Return to soil (kg ha <sup>-1</sup> yr <sup>-1</sup> )	6.146	2.347
Exit through agronomic yield (kg ha <sup>-1</sup> yr <sup>-1</sup> )	0.704	0.330
Use efficiency	823	1151
Back-translocation from senescent tree leaf (%)	22.62	31.37

Source: Sharma et al. 1994

The *Alnus*-cardamom agroforestry system satisfies the diversity of farmer's needs simultaneously without the need for external inputs or heavy labour, while also stabilizing riparian zones and providing watershed protection (Zomer and Menke 1993). Scientific understanding following adequate analysis of *Alnus*-cardamom agroforestry systems have proven this traditional practice as economically remunerative, ecologically adapted with comparatively high carbon sequestration potential (Sharma and Sharma 1997; Sharma et al. 2000, 2007, 2008, 2009<sub>a, b</sub>, 2016<sub>a, b</sub>; Sharma and Rai 2012). Large cardamom based agroforestry systems are heterogeneous with numerous non-cropping plant species which mimics natural forest and thus provide support

and habitat to diverse wildlife like small mammals, birds and insects including diverse pollinators which aids in promoting pollination and seed dispersal (Pushpakumara et al. 2010; Kapkoti et al. 2016<sub>a, b</sub>).

### **Spiritual and cultural services**

The agroforestry systems provide recreational and spiritual services for the culturally diverse, indigenous and traditional communities in the sub-Himalayan region (Sharma and Sharma 1997; Sharma et al. 2000, 2007, 2008, 2009<sub>a, b</sub>, 2016<sub>a, b</sub>; Sharma and Rai 2012). The aesthetic values, which attract tourists, are contributed mainly by its beautiful landscapes and biodiversity-rich fauna and flora. There are cases of home stays by tourists for bird watching and trekking to

the higher mountains in parts of cardamom cultivated areas in North Sikkim. The knowledge of traditional agroforestry systems has increased scope in education, research and ecosystem conservation studies (Sharma et al. 2009<sub>a, b</sub>).

### **Limitations and Suggestions**

#### **Climate change**

Himalayas are experiencing drastic climatic changes with comparatively more impacts than the plains (Surendra et al. 2010; Arrawatia and Tambe, 2012; Chettri et al. 2012; Pepin et al. 2015; Shukla et al. 2016; Dey et al. 2017<sub>a, b</sub>; Palomo, 2017) causing sharp decline in productivity of the farming systems (Dhaka et al. 2010; Choudhary et al. 2012; Chakravarty et al. 2015; Dey et al. 2017<sub>a</sub>; Meena et al. 2019) as due to inherent livelihood dependency of its indigenous communities on their traditional farming systems and natural resources (Sharma et al. 2009<sub>a, b</sub>; Manandhar et al. 2011, 2013, 2015; Shukla et al. 2016; Dey et al. 2017<sub>a, b</sub>; Meena et al. 2019). In the past few decades the productivity of traditional large cardamom farming of Darjeeling and Sikkim Himalayas has declined due to increased incidences of diseases and pests including decreased pollinator population which was attributed to longer dry spells, changing seasons, erratic, scanty and unseasonal rainfall (Sharma and Partap 2011; Rana *et al.*, 2013; Sharma 2013; Partap et al. 2014; Sharma et al. 2016<sub>a, b</sub>; Shukla et al. 2016; Negi et al. 2018; Meena et al. 2019). The mountain farmers in Sikkim have been applying traditional technologies to adapt to the impacts of climatic changes at temporal and spatial scales. These mitigation measures need scientific and technical support through appropriate policies and investments (Sharma and Rai 2012; Kumar et al. 2015; Shukla et al. 2016; Negi et al. 2018; Tarafder et al. 2018).

#### **Viral diseases**

*Chirkey* (Mosaic disease) and *Phurkey* (stunted) are the most hazardous viral diseases reported in large cardamom crop as it destroys the whole plant (Sharma et al. 2009<sub>b</sub>; Stoep 2010). Aphids were

found to transmit these viral diseases. Periodic elimination of diseased plants with their beating up with virus-free cloned plantlets is useful prevention of these viral diseases (Paudel et al. 2018).

#### **Improper agricultural practices**

Repetitive use of planting materials from same source of mother stock year after year while, avoiding salvage of virus-infected planting stocks and absence of good agricultural practices lead to the rapid spread of diseases which requires adequate awareness through capacity building through timely and regular research and institutional support for adopting of good agricultural practices by the growers (Aryal et al. 2018; Paudel et al. 2018).

#### **Informal marketing**

Market channelization for quality capsules is also a major challenge (Sharma et al. 2009<sub>b</sub>). Many governmental organizations and NGOs are engaged to encourage large cardamom farming, postharvest technology, and marketing in India like the Indian Spice Board, the Indian Cardamom Research Institute, the Department of Horticulture and Cash Crop Development, the Government of Sikkim, and the North Eastern Regional Agricultural Marketing Corporation (Bhutia et al. 2018).

### **CONCLUSION AND RECOMMENDATIONS**

Socio-ecological and socio-cultural benefits of large cardamom based traditional agroforestry system has ecological and socio-cultural importance towards sustainable livelihoods for indigenous communities of Darjeeling and Sikkim Himalayas. The economic benefits of this agroforestry system compared to alternative cropping systems have been strong incentives for its adoption by the farmers of the region. Ecological stability and poverty eradication can link with this system and be considered as a true vision of sustainable development of the rural community of this Himalayan region. The values and services of the cardamom agroforestry system are enormous, especially when grown under nitrogen-



fixing alder as shade trees. The efficiencies of alder in terms of energy fixation, production and nutrient use and alders accelerating effect on nitrogen and phosphorus nutrient cycling have a beneficial impact on cardamom and thereby on the ecosystem as a whole. However, inadequate marketing facilities, shrinking cropping area, unsustainable management, absence of extension and supporting services and unavailable quality planting are making the system less remunerative and unpopular. Research, extension and institutional support for assured quality planting material, proper crop management, value addition, and market is recommended. Creating alternate opportunities for livelihood diversity and security with policy support is also recommended.

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